

CURRICULUM VITAE

(April, 2009)

Name: Manuel Francis Cusí

Tertiary Education:

2007: Fellowship, Faculty of Sport & Exercise Medicine (UK)
FFSEM

1996: Fellowship, Australasian College of Sports Physicians,
FACSP.

1992: Certificate of Sports Medicine (Cert. Sports Med.),
RACGP, Sydney

1972: Bachelor of Medicine and Surgery (M.B., B.S.),
University of Barcelona (Spain)

Other:

2007: Fellow of the Faculty of Sport and Exercise Medicine (UK)
FFSEM

Qualifications:

2003: Workcover Permanent Impairment Assessment Seminar,

2003: Injury Management Consultant, Workcover Authority of NSW

1999: Fellowship, Australian Sports Medicine Federation, FASMF

Languages: Spanish, French, Catalan, Italian, English

Professional Experience:

1995- Fulltime Private Practice in Sports Medicine
Worksports Clinic (Pennant Hills), 1994-2000
Orthosports (Randwick)
Orthosports (Hurstville)
Orthosports (Concord)
<http://www.orthosports.com.au>

1993 - 1996 Sports Medicine Registrar, Australasian College of Sports
Physicians

1985 - 1992 Private General Practice, Burwood, NSW
Surgical assistant in O & G (Liverpool and Campbelltown)

- 1982 - 1985** RMO, A & E Department, Western Suburbs Hospital, Croydon
- 1980 - 1981** Honorary Research Medical Officer, Rehabilitation Centre, Royal South Sydney Hospital, Zetland
- 1981 - 1982** RMO, Royal Prince Alfred Hospital, Sydney
- 1979 - 1983** Youth and Education Officer, Association for Educational Projects Ltd
- 1976 - 1978** Deputy Master, Warrane College, University of N.S.W.
- 1974 - 1975** Floor Tutor, Warrane College, University of N.S.W.
- 1975** Tutor, School of Anatomy, University of NSW, Kensington
- 1974** RMO, Prince of Wales Hospital, Randwick
- 1973** A & E (Surgery & Orthopaedics) Medical Officer, Red Cross Hospital, Hospitalet de Llobregat (Barcelona)
RMO, Royal South Sydney Hospital, Zetland, NSW
- 1972 - 1973** Alférez Médico, Centro de Instrucción de Reclutas Número 9. San Clemente de Sassebas (Gerona)
- 1970 - 1972** RMO, A & E Department (Surgery and Orthopaedics), Hospital Clínico, Provincial de Barcelona (Teaching Hospital)
- 1970 - 1973** Assistant in O & G, private practice, Barcelona

Positions and Appointments

- 2008 -** Honorary Treasurer, Australasian College of Sports Physicians
- 2003 -** Conjoint Lecturer, Sports Medicine, Faculty of Medicine, University of New South Wales
- 2002 – 2003** Professor col-laborador docent, Faculty of Health Sciences, Universitat Internacional de Catalunya, Barcelona, Spain
- 2002 -** Visiting Lecturer, Faculty of Health Sciences, Universitat Internacional de Catalunya, Barcelona, Spain
- 2002 - 2006** Injury management Consultant, Workcover Authority, NSW
- 1999 - 2006** Honorary Secretary, Australasian College of Sports Physicians

- 1997 - 2003** Honorary Visiting Fellow, School of Physiology & Pharmacology, Faculty of Medicine, University of New South Wales, Sydney
- 1997 - 1998** New South Wales rep, Executive Council, Australasian College of Sports Physicians
- 1997 -** VMO, Canada Bay Private Hospital, Concord, NSW
- 1995 - 2000** VMO, Sydney Adventist Hospital, Wahroonga, NSW
- 1992 -1998** Clinical Lecturer, Law & Ethics, Faculty of Medicine, University of Sydney
- 1991 - 1993** Councillor, NSW AMA Branch Council
- 1989 - 1999** Member, NSW AMA Ethics Committee
- 1989 - 1998** VMO, Strathfield Private Hospital, Strathfield, NSW
- 1988 - 1993** Warrane College (Uni of NSW) Council
- 1988 - 1992** Member, Committee of the Section of General Practice, NSW AMA
- 1988 - 1992** Clinical Lecturer, Dept. of General Practice, University of Sydney
- 1987 - 1992** VMO-GP, Western Suburbs Hospital, Croydon

Appointments to Sport Teams

- 2003** Medical Officer, Rugby World Cup, Sydney
- 2002 -2007** Medical Officer, New South Wales Institute of Sport Equestrian Squad
- 2002** Team physician (Locum), West Harbour Pirates Rugby Club
- 2001** Medical Officer, PanPacific Swimming Games
- 2001** Medical Liaison Officer, Under 21 Rugby World Cup, Sydney, Australia
- 1999 – 2007** Medical Provider, Olympic Athlete Program
- 1998 - 1999** Team Physician, West Harbour Pirates Rugby Club
- 1997** Team physician, Australian Under 19 Rugby Union team
- 1995-1997** Team physician (Locum), Eastern Suburbs Rugby Club
- 1994** Medical Officer, Women's Basketball World Cup, Sydney, Australia

- 1994 - 1997** Beecroft-Cherrybrook Rugby Union Club Medical Officer
- 1992 - 1993** Team physician, St. George Soccer Club
- 1990** Spanish Women's Hockey, Hockey World Cup, Sydney, Australia
- 1986 - 1987** Spanish Rugby Sevens, Sydney, Australia

Publications

Books:

Medical Ethics, Fact or Fiction, Eds. P. Judge & M. Cusi, Foundation Genesis, Sydney, 1986. ISBN 0 9591154

Book chapters:

Cusi, M. (1986) **The Role of Medical Ethics**, in: *Medical Ethics, Fact or Fiction*, Eds. P. Judge & M. Cusi, Foundation Genesis, Sydney, Australia.

Cusi, M. (1998) **Organisation of sporting events**, in: *Oxford Handbook of Sports Medicine*, Eds. E. Sherry & S. Wilson, Oxford University Press, Oxford, UK.

Cusi M (1991) **The Rights and Wrongs of Legalising Drugs**, in *Legalising Drugs, deliverance or Deception* Eds. JB Saunders, JF Martins,. Publications Section, University of NSW, Sydney, Australia

Cusi M (1989) **The Contraceptive Mentality and Medical Education**, in *Humane Vitae, 20 anni dopo*, Edizioni Area, Milano,

Refereed papers

Cusi M. (1996) **Doping and Clinical Practice: Ethical Perspectives**
South African Journal of Sports Medicine, 2(3):27-28

Cusi M.(2000) **Reflexions ètiques sobre el dopatge.** *Bioètica i Debat* 5(21):1-4

Cusi M, Juska-Butel C, Garick D. (2001)
Lumbopelvic stability and injury profile in rugby union players *New Zealand Journal of Sport Medicine*, 29(1):14-19

Cusi M, Saunders J, Hungerford B, Wisbey-Roth T, Lucas P, Wilson S (2007)
Prolotherapy in form closure failure of the sacro-iliac joint: diagnostic or therapeutic? *6th Interdisciplinary World Congress on Low Back & Pelvic Pain*. Eds A Vleeming, V Mooney, M Cusi. Barcelona, 2007

Cusi M, Tsung J, Nouh F, Wong L, Mansberg R, Van der Wall H (2007)
Drummer's fracture of the Third Metatarsal Bone. *Clinical Nuclear Medicine.* 32(9):737-738, September 2007

Cusi M, Saunders J, Hungerford B, Wisbey-Roth T, Lucas P, Wilson S (2008)
The use of prolotherapy in the sacro-iliac joint. *British Journal of Sports Medicine.* Published on line 8 April 2008
doi:10.1136/bjism.2007.042044

Conference abstracts

Cusi M (1981) Gaps to be filled, in *Alive in the University*, Edited proceedings of the UNIV 1981 Congress "Knowledge and the Meaning of Man". ICU, Rome, Italy

Cusi M (1986) The Duties of Personal Responsibility. *Ethics in Practice Seminar*, Sydney, Australia

Cusi M (1986) The Role of Medical Ethics. *Annual Conference of the Natural Family Planning Research and Reference Council of Victoria.* Melbourne, Australia

Cusi M (1987) An Ethical Approach to IVF. **IVF, Problem or Solution Seminar**, Sydney,

Cusi M (1988) The Quality-of-life Approach to Euthanasia, or the Fear of Living *Learning to Live, Helping to Die Seminar*, Sydney, Australia

Cusi M (1992) Doping and Medical Ethics *Olympic Scientific Congress*, Malaga, Spain

Cusi M (1992) Doping and Medical Ethics: A Clinician's Perspective *International Sports Medicine Symposium*, Pamplona, Spain,

Cusi M (1992) Doping and Clinical Practice: Ethical Perspectives. Australian College of Sports Physicians Scientific Conference, Perth, Australia

Cusi M., Mackie H., Juska-Butel C, Browning J., Howe E., Sevil B.
Early Intervention Rehabilitation for back injuries. A 'hands off' multidisciplinary approach. 2nd Annual Scientific Meeting. Australasian Faculty of Rehabilitation Medicine, Adelaide, 20-23 March 1994.

Sevil B, **Cusi M**, Mackie H, Browning J, Juska-Butel C, Howe E
The role of a registered general nurse as a coordinator of an early intervention rehabilitation programme. *2nd Annual Scientific Meeting. Australasian Faculty of Rehabilitation Medicine*, Adelaide, 20-23 March 1994.

- Juska-Butel C, **Cusi M**, Mackie H, Browning J, Howe E
Physical fitness and strength in the industrial rehabilitation of back injuries. **2nd Annual Scientific Meeting. Australasian Faculty of Rehabilitation Medicine** Adelaide, 20-23 March 1994.
- Browning J, **Cusi M**, Mackie H., Juska-Butel C, Howe E.
Relating critical job demands to ongoing gains in functional capacity for workers with back injuries. *2nd Annual Scientific Meeting. Australasian Faculty of Rehabilitation Medicine* Adelaide, 20-23 March 1994.
- Mackie H, **Cusi M**, Juska-Butel C, Sevil B, Howe E
Early intervention Rehabilitation for back injuries. The Sydney Experience. *Australian Pain Society 1994 Conference*, Brisbane. 18 - 20 April 1994
- Mackie H, **Cusi M**, Juska-Butel C, Sevil B, Howe E.
Physical Fitness and Strength in the industrial rehabilitation of back injuries. *Australian Pain Society 1994 Conference*, Brisbane. 18 - 20 April 1994
- Howe E, Mackie H, **Cusi M**, Juska-Butel C, Sevil B.
Personality, fitness and pain in rehabilitation. *Australian Pain Society Conference*, Brisbane, 18 - 20 April 1994
- Cusi M**, Mackie H., Juska-Butel C, Browning J., Howe E., Sevil B.
A sports medicine paradigm in the industrial rehabilitation of back injuries. *Australian College of Sports Physicians Scientific Conference*. Brisbane, October 1994
- Cusi M**, Mackie H., Juska-Butel C, Browning J., Howe E., Sevil B.
A sports medicine approach to back injuries in the workforce. *12th World Congress, International Federation of Physical Medicine and Rehabilitation*. Sydney, March 1995
- Cusi M**.
Performance enhancing drugs and medical treatment: where should the line be drawn? *Fifth IOC World Congress on Sports Sciences*. Sydney, November 1999
- Cusi M**, Juska-Butel C, Garlick D.
Lumbopelvic stability and injury prevention in rugby players" *Fifth IOC World Congress on Sports Sciences*. Sydney, November 1999

- Cusi M, Juska-Butel C, Garlick D.**
Lumbopelvic instability and sport. *Australian College of Sports Physicians Scientific Conference*. Surfers Paradise, Australia, November 2000
- Cusi M.** Drug prescription in sports and medical ethics. *Australian College of Sports Physicians Scientific Conference*. Surfers Paradise, Australia, November 2000
- Cusi M, Juska-Butel C.**
Lumbopelvic stability and injury profile in rugby union players. *4th Interdisciplinary World Congress on Low Back and Pelvic Pain*. Montreal, Canada, November 2001
- Cusi M, Juska-Butel C.**
Lumbopelvic stability and injury profile sport. *II Congress of the European Federation of Sports Medicine*, Oviedo, Spain, November 2001
- Cusi M.** Doctors and Doping: Ethical Perspectives. *II Congress of the European Federation of Sports Medicine*, Oviedo, Spain, November 2001
- Cusi M, Saunders J, Hungerford B, Wisbey-Roth T.**
Interdisciplinary Low Back Pain Assessment Protocol and Recording Device. *14th WCPT International Congress (World Confederation for Physical Therapy)*, Barcelona, Spain, June 2003
- Cusi M.** Sports Medicine in the Global Village: adventure or nightmare? *NSW Medico-legal Society Annual Conference*. Sydney, May 2004
- Cusi M.** Pubalgia y Deporte. *Congreso de Ciencias del Futbol, Real Madrid FC* Madrid, May 2005
- Cusi M.** Lumbalgia y Deporte. *Congreso de Ciencias del Futbol, Real Madrid FC* Madrid, May 2005
- Cusi M.** Retirement of elite athletes. Issues and challenges. *Arbol de la Vida Symposium 22nd World Congress of FIAMC* Barcelona, Spain, May 2005
- Cusi M.** The changing nature of career ending injuries. *Arbol de la Vida Symposium 22nd World Congress of FIAMC* Barcelona, Spain, May 2005

- Cusi M** Prolotherapy in the Sacroiliac Joint. *SOMS Research Conference*. University of Notre Dame Australia Sydney School of Medicine. Sydney, April 30, 2008
- Cusi M**, Saunders J, Van der Wall H. Confirmación por imagen de la inestabilidad lumbopélvica en deportistas *XIX Jornadas de la AEMB*, San Sebastian, Spain, June 2008
- Cusi M.** **What about the pelvis?** *ACSP Clinical Conference*, Manly, NSW, February 2009

Courses and occasional lectures

- Cusi M.** Curso teórico-práctico de Terapia Manual en las afecciones asimétricas de espalda y pelvis. Universidad de Barcelona. Facultad de Medicina. Escuela de Medicina de la Educación Física y el Deporte. Barcelona (Spain), May 1996
- Cusi M.** La articulación sacro-iliaca y la lumbalgia en el deportista. Societat Catalana de Medicina del Esport. Barcelona (Spain), May 1996
- Cusi M.** Sporting injuries of the knee. *Red Cross Hospital*. Kaunas, Lithuania, April 1997
- Cusi M.** A clinical approach to back pain. *Annual Sports Medicine Conference*. Vilnius Lithuania, April 1997
- Cusi M.** Disfunciones somáticas del anillo pelviano. Diagnóstico y Tratamiento *Quirotema*, Barcelona (Spain), April 1997
- Cusi M.** On field assessment: emergency procedures, decision making issues for continuing player participation. *University of Sydney, Masters Program in Sports Physiotherapy*, March 1999
- Cusi M.** Asymmetric Overuse Syndromes. *Pennant Hills Musculoskeletal Seminars*, Sydney, Australia, April 1999
- Cusi M.** Disfunciones de la Columna Torácica. Diagnóstico y Tratamiento. **Quirotema**, Barcelona, Spain, May 1999
- Cusi M.** On field assessment: emergency procedures, decision making issues for continuing player participation. *University of Sydney, Masters Program in Sports Physiotherapy*, March 2000

- Cusi M.** Lumbalgia y Deporte. **Seminario, Real Federación Española de Atletismo**, Madrid, Spain, April 2000
- Cusi M.** Pelvic Stability in Football Players. *St George Hospital Frontiers in Sports Medicine Series*, Sydney, May 2000
- Cusi M.** On field assessment: emergency procedures, decision making issues for continuing player participation. *University of Sydney, Masters Program in Sports Physiotherapy*, March 2001
- Cusi M.** Biomechanica de la columna. Workshop for physiotherapy students. *Universitat Internacional de Catalunya*. Sant Cugat, Spain, November 2001
- Cusi M.** Back Injuries in Sport. *Lifecare Physiotherapy*. Sydney, September 2002
- Cusi M.** Update on the spine: Low back pain, a clinical approach. *GPCE Sydney*, Homebush, Australia. May 2002
- Cusi M.** Euthanasia: should we kill the dying? *University of Queensland (Newman Student Society)* Brisbane, Australia. September 2002
- Cusi M.** Diagnosis and Treatment of Lumbo-pelvic Instability. *Universitat Internacinal de Catalunya*. Sant Cugat, Spain, May 2003
- Cusi M.** Acute knee injuries. *Inner West Division of General Practice Seminar* Sydney, Australia. June 2003
- Cusi M.** Aspectos clinicos de la lumbalgia. *Clinica Universitaria, Universidad de Navarra*. Pamplona, Spain, May 2004
- Cusi M.** Intra articular and peri-articular injections. Lecture and workshop. *GP Presentation* (Maroubra, Australia), June 2004
- Cusi M, Saunders J, Hungerford B, Wisbey-Roth T.**
Lumbopelvic pain: a new multidisciplinary approach to clinical diagnosis. Post Congress Workshop *5th Interdisciplinary World Congress on Low Back & Pelvic Pain*. Melbourne, Australia, November 2004
- Cusi M.** Lumbalgia e inestabilidad pélvica. Exploración clínica y pautas terapéuticas. One day seminar for physiotherapy students. *Universidad San Pablo CEU*, Madrid, Spain, May 2004

- Cusi M.** Lumbalgia del deportista. Inestabilidad pélvica. Workshop for sports physicians and physiotherapists. *XII Seminario práctico de formación continuada en Medicina del Deporte*. Federacion Española de Atletismo, Madrid (Spain). May 2004
- Cusi M.** Lumbopelvic profiling in football. *Pure Sports Medicine, London (UK) Continuing Professional Development Seminars*, June 2005

Membership in Organisations

Australian Medical Association
Sports Medicine Australia (formerly Australian Sports Medicine Federation)
Australasian College of Sports Physicians
Societas Ethica Internationalis, (Foundation Member)
NSW Doctors for Life

Awards

Citation for distinguished services to the Australasian College of Sports Physicians (November 2006)

Other professional activities

Regular teaching sessions for Registrars of the Australasian College of Sports Physicians, from 1997 to present day

Occasional lectures, teaching sessions and examinations for the Masters and Graduate Diploma of Sports Medicine of the University of New South Wales since 2000

Mentor, NSW AMA Mentoring Scheme for medical students and recent medical graduates, 2002, 2006

Co-Chairman and Convener, 6th World Interdisciplinary Congress of Low Back & Pelvic Pain (Barcelona, Spain, November 2007)

Areas of expertise (non surgical)

Sports Injuries
Musculoskeletal injuries
Overuse injuries
Spinal conditions and Lumbopelvic dysfunction
Exercise prescription
Ethical aspects of sports medicine